



Creative Development Mentoring Questionnaire

“Creativity takes courage.” –Henri Matisse

- 1) What do you love about making art? (Or do you wish you could make art?)

- 2) What is going well for you with your current art practice?

- 3) What are the challenges and problems you currently face in your art practice?

- 4) Your Art Habits: Answer each of the following, and if you do not practice these habits already, say why not or what has gotten in the way.
 - a. Do you have a dedicated space for art at home?
 - b. Do you carry an art journal?
 - c. Do you have artist friends or attend classes in person or online?
 - d. Do you display your art at home? Anywhere else?
 - e. Do you make or schedule time for art making? How often? If not, why not?

- 5) What are the opportunities that you are currently not making the most of artistically?

Email your answers to Amy Maricle: amy@mindfulartstudio.com

6) What are 5 creative goals you'd like to reach in the next 90 days?

7) Why are you seeking creative development services now, as opposed to 3 months, 3 years, etc?

8) What motivates you to make change? How do you like to be challenged and supported?

9) How do you like to learn new things?

10) What have you already tried to address this situation? What worked? What didn't?