

MASTER SUPPLY LIST

Supplies for Making the Accordion Fold and O Ring Journals:

Mixed Media pad 11 x 14 - One pad is a good start. I highly recommend using this paper for its smoothness and strength. Some watercolor papers may work, as I mention in the video, but others will not allow the paints to move because of their texture. The paper I recommend is strong and does well with the high liquid content.

Xacto Knife

Clear Ruler or Quilting Ruler

Self-Healing Mat or other surface for cutting

Chip Board

Fine Papers or cloth for book covers

Gel Medium

Flat brush - From the set of brushes I recommend also in the paint section.

O rings

Binder clips

Scissors

Hole Punches:

IMPORTANT: For the hole punches, you don't need a wide variety of sizes unless you plan on making tunnel journals with progressively smaller circles. If you would like to cut out "rings" you'll need two circle punches that are close in size. Otherwise, I suggest you get a minimum of one 2-inch circle and one square punch of roughly 2.5 inches or less, plus the circle 1/8-inch punch for making the holes in the O-ring journal pages.

Square 1.25-inch - The one I'm using is a "2-inch square," though the cut it makes is definitely 1.5 inches. (Perhaps you might check your local art store if you are concerned about the size. I think as long as it's around 2.5 inches or less, it doesn't matter.)

Circle Punch 3-inch

Circle Punch 2-inch

Circle Punch 1-inch

Circle Punch 5/8 -inch

Circle Punch 1/8 - inch - I'm not 100% this is the same, but this is the type you want.

Supplies for the Liquid Acrylic Paint Techniques:

High Flow Liquid Acrylic Paint Set, OR some students use: Liquitex Acrylic Inks, or make their own from a recipe. You can find these by searching "high flow acrylic paint recipe."

Latex Gloves OR Invisible Glove Cream. Please don't skip this, the elements in the paints are thought to be carcinogenic.

Small round brush - This is part of a set of economic paint brushes that serve me fine for art journaling.

Optional: Golden Fluid Acrylic Paint Iridescent Gold Deep

Cups or jars for pouring paint

Small spray bottle

Drinking straw

Wax paper

Cup of water

Rag or paper towel for messes

Supplies for the Drawing Techniques:

Set of Micron Drawing Pens

Sakura Gelly Roll Moonlight Pack

Sakura Gelly Roll White

OR

Posca Paint Pen, extra fine point in white

ART SUPPLIERS for folks in AUSTRALIA:

Storefront: Spotlight Art Store - EK Tools punches

Online: www.theartshop.com.au - Golden High Flow Acrylic Paints

www.bookdepository.com - Moleskine journals