

SUPPLY LIST for: Simple Marks and Creative Sparks

with Amy Maricle of Mindful Art Studio



JOURNALS:

For the workshop, if you have more than one journal. You can try several different techniques without needing to wait for drying time. If you just have one, you might divide your page into sections, or keep some scrap paper on hand for trying out different techniques. You may have a journal you know and like, but if you are looking for ideas, I have really enjoyed the ones I've listed here. These are high quality journals, and I find they last me quite a long time because I use a lot of layers, and these pages are able to stand it.

Moleskine Art Plus Accordion Journal

Moleskine Art Plus Watercolor Journal

Strathmore Watercolor Journal

Moleskine Art Plus Sketchbook Large

Moleskine Art Plus Sketchbook, Pocket

Hand Book Travelogue Journal Landscape

PAINT: You'll need at least 3 - 4 colors of acrylic paint. If you are looking for a nice set, I like Galeria Acrylic Paint Set (10) or the matte acrylic paints from Dick Blick.

BRUSHES: Loew Cornell Brush Set - Any variety of brushes will do. I like this basic set for art journaling.

PARCHMENT PAPER: I use the kind from my kitchen to put under the paper as I work! :)

CUP OF WATER

PAPER TOWELS or **PAINTING RAG** for cleaning up messes; I like Clorox wipes for paint spills too.

*Most of the supplies listed include affiliate links. That means that if you choose to click a link and purchase something, you will support the work I'm doing at Mindful Art Studio to empower the artist in all of us.